

CDES/PTSI (Children’s Dissociative Experiences Scale en Posttraumatic Symptom Inventory)

Bradley C. Stolbach, adapted from Bernstein & Putnam (1986).

Adaptation for Indigenous children by A. Struik (2014) www.ariannestruik.com

Self report questionnaire for boys 7 to 17 years.

Name

Date of birth

Date

Who are you like? Check the line that describes you best. You can check one line per question and please don't skip any questions.

Test Items

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|---|-------------------------|----------------------------|---------------------------|------------------------|--|
| A. James likes to eat ice cream a lot. | _____ | _____ | _____ | _____ | Ricky doesn't like to eat ice cream at all. |
| | I'm a lot like James. | I'm a little like James. | I'm a little like Ricky. | I'm a lot like Ricky. | |
| B. Brian never wishes he was an adult. | _____ | _____ | _____ | _____ | Marcus often wishes he was an adult. |
| | I'm a lot like Brian. | I'm a little like Brian. | I'm a little like Marcus. | I'm a lot like Marcus. | |
| 1. When Michael gets to his uncle, he sometimes doesn't remember getting there. | _____ | _____ | _____ | _____ | Kevin, when he gets to his uncle, remembers how he got there and what happened on the way. |
| | I'm a lot like Michael. | I'm a little like Michael. | I'm a little like Kevin. | I'm a lot like Kevin. | |
| 2. Jason, when he wants to, listens to other people and hears most of what they say. | _____ | _____ | _____ | _____ | When Fred tries to listen to other people, he sometimes realizes that he did not hear what they just said. |
| | I'm a lot like Jason. | I'm a little like Jason. | I'm a little like Fred. | I'm a lot like Fred. | |
| 3. Adam doesn't get many tummy-aches. | _____ | _____ | _____ | _____ | Brad gets lots of tummy-aches. |
| | I'm a lot like Adam. | I'm a little like Adam. | I'm a little like Brad. | I'm a lot like Brad. | |
| 4. Deonte often feels like his spirit is standing next to himself watching himself do things. | _____ | _____ | _____ | _____ | Scott has never felt like his spirit was standing next to himself watching himself do something. |
| | I'm a lot like Deonte. | I'm a little like Deonte. | I'm a little like Scott. | I'm a lot like Scott. | |
| 5. Jack feels like things are his fault (like a bad boy) a lot. | _____ | _____ | _____ | _____ | Stuart doesn't feel like things are his fault (like a bad boy) very much. |
| | I'm a lot like Jack. | I'm a little like Jack. | I'm a little like Stuart. | I'm a lot like Stuart. | |
| 6. Philip doesn't think about things if he doesn't want to think about them. | _____ | _____ | _____ | _____ | Bart thinks about some things even when he doesn't want to think about them. |
| | I'm a lot like Philip. | I'm a little like Philip. | I'm a little like Bart. | I'm a lot like Bart. | |
| 7. Ray gets scared easily. | _____ | _____ | _____ | _____ | Alex doesn't get scared very easily. |
| | I'm a lot like Ray. | I'm a little like Ray. | I'm a little like Alex. | I'm a lot like Alex. | |

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| 8. Joey usually feels like people, things, and everything around him are real. | _____ | _____ | _____ | _____ | David often feels like people, things, and everything around him are like a dream. |
| | I'm a lot like Joey. | I'm a little like Joey. | I'm a little like David. | I'm a lot like David. | |
| 9. Frank often wonders if things he remembers really happened or if he just dreamed them. | _____ | _____ | _____ | _____ | Vernon usually knows if things he remembers really happened or if he just dreamed them. |
| | I'm a lot like Frank. | I'm a little like Frank. | I'm a little like Vernon. | I'm a lot like Vernon. | |
| 10. Dan talks out loud to himself when he is alone. | _____ | _____ | _____ | _____ | Teddy doesn't talk out loud to himself when he is alone. |
| | I'm a lot like Dan. | I'm a little like Dan. | I'm a little like Teddy. | I'm a lot like Teddy. | |
| 11. Dwayne doesn't feel scared very much. | _____ | _____ | _____ | _____ | Nick feels scared a lot. |
| | I'm a lot like Dwayne. | I'm a little like Dwayne. | I'm a little like Nick. | I'm a lot like Nick. | |
| 12. Andre often feels like he is looking through smoke so things look far away or fuzzy. | _____ | _____ | _____ | _____ | Tony never feels like he is looking world through smoke so things look far away or fuzzy. |
| | I'm a lot like Andre. | I'm a little like Andre. | I'm a little like Tony. | I'm a lot like Tony. | |
| 13. When Keith is watching TV, he usually knows what is happening around him. | _____ | _____ | _____ | _____ | When Jerry watches TV, he doesn't know what is happening around him. |
| | I'm a lot like Keith. | I'm a little like Keith. | I'm a little like Jerry. | I'm a lot like Jerry. | |
| 14. Curtis doesn't jump when he hears a loud noise. | _____ | _____ | _____ | _____ | Roger jumps when he hears a loud noise. |
| | I'm a lot like Curtis. | I'm a little like Curtis. | I'm a little like Roger. | I'm a lot like Roger. | |
| 15. Sometimes, Tom can't remember important things that happened to him (like Christmas or a birthday party). | _____ | _____ | _____ | _____ | Bob remembers important things that happened to him (like Christmas or a birthday party). |
| | I'm a lot like Tom. | I'm a little like Tom. | I'm a little like Bob. | I'm a lot like Bob. | |
| 16. Larry always knows himself when he looks in the mirror. | _____ | _____ | _____ | _____ | Sometimes, when Leon looks in the mirror, he doesn't know himself. |
| | I'm a lot like Larry. | I'm a little like Larry. | I'm a little like Leon. | I'm a lot like Leon. | |
| 17. Cliff feels fidgety, full of energy or jumpy a lot. | _____ | _____ | _____ | _____ | Alan doesn't feel fidgety, full of energy or jumpy very much. |
| | I'm a lot like Cliff. | I'm a little like Cliff. | I'm a little like Alan. | I'm a lot like Alan. | |
| 18. Walt gets wild a lot. | _____ | _____ | _____ | _____ | Roy doesn't get wild very much. |
| | I'm a lot like Walt. | I'm a little like Walt. | I'm a little like Roy. | I'm a lot like Roy. | |

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| 19. Bill usually knows if he did it or thought he did it. | _____ | _____ | _____ | _____ | John often wonders if he did things or just thought about doing them. |
| | I'm a lot like Bill. | I'm a little like Bill. | I'm a little like John. | I'm a lot like John. | |
| 20. Todd always loves to do his schoolwork. | _____ | _____ | _____ | _____ | Sometimes, Kent doesn't feel like doing his schoolwork. |
| | I'm a lot like Todd. | I'm a little like Todd. | I'm a little like Kent. | I'm a lot like Kent. | |
| 21. Paul sometimes sits & stares, thinking about nothing. | _____ | _____ | _____ | _____ | Steven never sits & stares, thinking about nothing. |
| | I'm a lot like Paul. | I'm a little like Paul. | I'm a little like Steven. | I'm a lot like Steven. | |
| 22. Barry makes up his own games and plays them over and over. | _____ | _____ | _____ | _____ | Will prefers to play games that most other children play. |
| | I'm a lot like Barry. | I'm a little like Barry. | I'm a little like Will. | I'm a lot like Will. | |
| 23. When Wayne has a daydream, he knows the daydream is not true. | _____ | _____ | _____ | _____ | Jay gets so involved in his daydreams that he sometimes feels like they are really happening. |
| | I'm a lot like Wayne. | I'm a little like Wayne. | I'm a little like Jay. | I'm a lot like Jay. | |
| 24. Sean feels dizzy a lot. | _____ | _____ | _____ | _____ | Mark doesn't feel dizzy very often. |
| | I'm a lot like Sean. | I'm a little like Sean. | I'm a little like Mark. | I'm a lot like Mark. | |
| 25. Ken often feels like he is dreaming when he is not sleeping. | _____ | _____ | _____ | _____ | Jamal doesn't feel like he's dreaming when he is not sleeping. |
| | I'm a lot like Ken. | I'm a little like Ken. | I'm a little like Jamal. | I'm a lot like Jamal. | |
| 26. Sam doesn't have very many scary dreams or nightmares. | _____ | _____ | _____ | _____ | Jeffrey had lots of scary dreams or nightmares. |
| | I'm a lot like Sam. | I'm a little like Sam. | I'm a little like Jeffrey. | I'm a lot like Jeffrey. | |
| 27. George doesn't always feel like he is in his body: sometimes he feels like his spirit is floating away from it. | _____ | _____ | _____ | _____ | Ron usually feels like his spirit is in his body. |
| | I'm a lot like George. | I'm a little like George. | I'm a little like Ron. | I'm a lot like Ron. | |
| 28. Sometimes David lies. | _____ | _____ | _____ | _____ | Sam never lies. |
| | I'm a lot like David. | I'm a little like David. | I'm a little like Sam. | I'm a lot like Sam. | |
| 29. Eric has a lot of feelings (like happy, sad, angry, excited). | _____ | _____ | _____ | _____ | Bruce has no feelings (like happy, sad, angry, excited) |
| | I'm a lot like Eric. | I'm a little like Eric. | I'm a little like Bruce. | I'm a lot like Bruce. | |
| 30. Doug can't sleep when he is tired because he is seeing or thinking things or thoughts keep popping into his head. | _____ | _____ | _____ | _____ | Karl has no trouble falling asleep when he is tired. |
| | I'm a lot like Doug. | I'm a little like Doug. | I'm a little like Karl. | I'm a lot like Karl. | |

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| 31. Greg sometimes feels like his body is doing things he doesn't want it to do. | _____ | _____ | _____ | _____ | Patrick's body doesn't do things he doesn't want it to do. |
| | I'm a lot like Greg. | I'm a little like Greg. | I'm a little like Patrick. | I'm a lot like Patrick. | |
| 32. Max can concentrate on things when he wants to. | _____ | _____ | _____ | _____ | Charles can't concentrate on things even when he wants to. |
| | I'm a lot like Max. | I'm a little like Max. | I'm a little like Charles. | I'm a lot like Charles. | |
| 33. Ben can remember things easily. | _____ | _____ | _____ | _____ | Tyrone has a hard time remembering things. |
| | I'm a lot like Ben. | I'm a little like Ben. | I'm a little like Tyrone. | I'm a lot like Tyrone. | |
| 34. Brett has a hard time listening at school or at home even when he wants to. | _____ | _____ | _____ | _____ | Dennis has no trouble listening at school or at home when he wants to. |
| | I'm a lot like Brett. | I'm a little like Brett. | I'm a little like Dennis. | I'm a lot like Dennis. | |
| 35. Reggie never feels grumpy for no reason. | _____ | _____ | _____ | _____ | Matt often feels grumpy for no reason. |
| | I'm a lot like Reggie. | I'm a little like Reggie. | I'm a little like Matt. | I'm a lot like Matt. | |
| 36. Malcolm feels happy all the times. | _____ | _____ | _____ | _____ | Sometimes, Julius feels a little unhappy. |
| | I'm a lot like Malcolm. | I'm a little like Malcolm. | I'm a little like Julius. | I'm a lot like Julius. | |
| 37. Rick gets headaches a lot. | _____ | _____ | _____ | _____ | Jim doesn't get headaches a lot. |
| | I'm a lot like Rick. | I'm a little like Rick. | I'm a little like Jim. | I'm a lot like Jim. | |