

Instructions for Administration of the Children's Dissociative Experiences Scale and Posttraumatic Symptom Inventory.

The first two items (A. & B.) are practice items, with which the interviewer can train the child about how the measure works and make sure that the child understands what is being asked and what the answers mean. The interviewer should say something like:

"By each number, there are sentences about two boys/girls. After we read the two sentences, please choose which of the two boys/girls is more like you. After you pick the one that is more like you, then think about whether you are a lot like that boy/girl or just a little like him/her. When you decide, check the line that fits you best. For each number, you can only check one line. Let's try a couple."

The interviewer should read the two practice items aloud with the child. To make sure that the child understands the task, give hypothetical examples that fit all possible answers for these two items and ask the child which line would fit each of them, e.g., on item A., "If I really love to eat ice cream, am I more like Jimmy/Sally or Ricky/Jane? Am I a lot like him/her or a little like him/her? Which line should I check? If I don't really like ice cream that much, but I eat it once in a while, am I more like Jimmy/Sally or Ricky/Jane? Am I a lot like him/her or a little like him/her? Which line should I check?" Make sure to give examples that fit each of the possible responses.

After going over the first two items, the child should be able to respond to the rest of the measure. Do not check the lines for the child. Inform the child that, "Some of the sentences have hard words in them or are a little confusing. If you don't know what a word means or a sentence is hard to understand, be sure to ask me about it." Because some of the items are quite long and complex, the measure appears to be most effective when all items are read aloud by the examiner. Try to maintain the same intonation on both anchor sentences and to convey that all responses are normal. The exceptions to this are the social desirability items (#20, #28, #36). For these items, your tone of voice should pull for the less socially desirable response. The measure works best for children age 8 and above, but many 7-year-olds can use it as well. Children often need the words "startle" and "fib" defined for them. It usually takes 10-15 minutes to complete the measure.

To compute the total score, combine the CDES & CPTSI scores (i.e., the total of all responses except items 20, 28, & 36.) A total score of 43 was the cutoff for Definite PTSD derived in the original study, and subsequent clinical use of the measure suggests that this is a valid cut point. Totals in the mid-30's appear to be related to substantial subthreshold PTSD symptoms. A Fake score of 5 or higher should raise concerns and a 7 or higher suggests that the responses are not valid and that the child is likely to under-report symptoms in response to other measures or clinical interview.

Bradley C. Stolbach, adapted from Bernstein & Putnam (1986)

CDES/PTSI (Children’s Dissociative Experiences Scale en Posttraumatic Symptom Inventory)

Bradley C. Stolbach, adapted from Bernstein & Putnam (1986).

Adaptation for Indigenous children by A. Struik (2014) www.ariannestruik.com

Self report questionnaire for boys 7 to 17 years.

Name

Date of birth

Date

Who are you like? Check the line that describes you best. You can check one line per question and please don't skip any questions.

Test Items

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|---|-------------------------|----------------------------|---------------------------|------------------------|--|
| A. James likes to eat ice cream a lot. | _____ | _____ | _____ | _____ | Ricky doesn't like to eat ice cream at all. |
| | I'm a lot like James. | I'm a little like James. | I'm a little like Ricky. | I'm a lot like Ricky. | |
| B. Brian never wishes he was an adult. | _____ | _____ | _____ | _____ | Marcus often wishes he was an adult. |
| | I'm a lot like Brian. | I'm a little like Brian. | I'm a little like Marcus. | I'm a lot like Marcus. | |
| 1. When Michael gets to his uncle, he sometimes doesn't remember getting there. | _____ | _____ | _____ | _____ | Kevin, when he gets to his uncle, remembers how he got there and what happened on the way. |
| | I'm a lot like Michael. | I'm a little like Michael. | I'm a little like Kevin. | I'm a lot like Kevin. | |
| 2. Jason, when he wants to, listens to other people and hears most of what they say. | _____ | _____ | _____ | _____ | When Fred tries to listen to other people, he sometimes realizes that he did not hear what they just said. |
| | I'm a lot like Jason. | I'm a little like Jason. | I'm a little like Fred. | I'm a lot like Fred. | |
| 3. Adam doesn't get many tummy-aches. | _____ | _____ | _____ | _____ | Brad gets lots of tummy-aches. |
| | I'm a lot like Adam. | I'm a little like Adam. | I'm a little like Brad. | I'm a lot like Brad. | |
| 4. Deonte often feels like his spirit is standing next to himself watching himself do things. | _____ | _____ | _____ | _____ | Scott has never felt like his spirit was standing next to himself watching himself do something. |
| | I'm a lot like Deonte. | I'm a little like Deonte. | I'm a little like Scott. | I'm a lot like Scott. | |
| 5. Jack feels like things are his fault (like a bad boy) a lot. | _____ | _____ | _____ | _____ | Stuart doesn't feel like things are his fault (like a bad boy) very much. |
| | I'm a lot like Jack. | I'm a little like Jack. | I'm a little like Stuart. | I'm a lot like Stuart. | |
| 6. Philip doesn't think about things if he doesn't want to think about them. | _____ | _____ | _____ | _____ | Bart thinks about some things even when he doesn't want to think about them. |
| | I'm a lot like Philip. | I'm a little like Philip. | I'm a little like Bart. | I'm a lot like Bart. | |
| 7. Ray gets scared easily. | _____ | _____ | _____ | _____ | Alex doesn't get scared very easily. |
| | I'm a lot like Ray. | I'm a little like Ray. | I'm a little like Alex. | I'm a lot like Alex. | |

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| 8. Joey usually feels like people, things, and everything around him are real. | _____
I'm a lot like Joey. | _____
I'm a little like Joey. | _____
I'm a little like David. | _____
I'm a lot like David. | David often feels like people, things, and everything around him are like a dream. |
| 9. Frank often wonders if things he remembers really happened or if he just dreamed them. | _____
I'm a lot like Frank. | _____
I'm a little like Frank. | _____
I'm a little like Vernon. | _____
I'm a lot like Vernon. | Vernon usually knows if things he remembers really happened or if he just dreamed them. |
| 10. Dan talks out loud to himself when he is alone. | _____
I'm a lot like Dan. | _____
I'm a little like Dan. | _____
I'm a little like Teddy. | _____
I'm a lot like Teddy. | Teddy doesn't talk out loud to himself when he is alone. |
| 11. Dwayne doesn't feel scared very much. | _____
I'm a lot like Dwayne. | _____
I'm a little like Dwayne. | _____
I'm a little like Nick. | _____
I'm a lot like Nick. | Nick feels scared a lot. |
| 12. Andre often feels like he is looking through smoke so things look far away or fuzzy. | _____
I'm a lot like Andre. | _____
I'm a little like Andre. | _____
I'm a little like Tony. | _____
I'm a lot like Tony. | Tony never feels like he is looking world through smoke so things look far away or fuzzy. |
| 13. When Keith is watching TV, he usually knows what is happening around him. | _____
I'm a lot like Keith. | _____
I'm a little like Keith. | _____
I'm a little like Jerry. | _____
I'm a lot like Jerry. | When Jerry watches TV, he doesn't know what is happening around him. |
| 14. Curtis doesn't jump when he hears a loud noise. | _____
I'm a lot like Curtis. | _____
I'm a little like Curtis. | _____
I'm a little like Roger. | _____
I'm a lot like Roger. | Roger jumps when he hears a loud noise. |
| 15. Sometimes, Tom can't remember important things that happened to him (like Christmas or a birthday party). | _____
I'm a lot like Tom. | _____
I'm a little like Tom. | _____
I'm a little like Bob. | _____
I'm a lot like Bob. | Bob remembers important things that happened to him (like Christmas or a birthday party). |
| 16. Larry always knows himself when he looks in the mirror. | _____
I'm a lot like Larry. | _____
I'm a little like Larry. | _____
I'm a little like Leon. | _____
I'm a lot like Leon. | Sometimes, when Leon looks in the mirror, he doesn't know himself. |
| 17. Cliff feels fidgety, full of energy or jumpy a lot. | _____
I'm a lot like Cliff. | _____
I'm a little like Cliff. | _____
I'm a little like Alan. | _____
I'm a lot like Alan. | Alan doesn't feel fidgety, full of energy or jumpy very much. |
| 18. Walt gets wild a lot. | _____
I'm a lot like Walt. | _____
I'm a little like Walt. | _____
I'm a little like Roy. | _____
I'm a lot like Roy. | Roy doesn't get wild very much. |

19. Bill usually knows if he did it or thought he did it.	_____	_____	_____	_____	John often wonders if he did things or just thought about doing them.
	I'm a lot like Bill.	I'm a little like Bill.	I'm a little like John.	I'm a lot like John.	
20. Todd always loves to do his schoolwork.	_____	_____	_____	_____	Sometimes, Kent doesn't feel like doing his schoolwork.
	I'm a lot like Todd.	I'm a little like Todd.	I'm a little like Kent.	I'm a lot like Kent.	
21. Paul sometimes sits & stares, thinking about nothing.	_____	_____	_____	_____	Steven never sits & stares, thinking about nothing.
	I'm a lot like Paul.	I'm a little like Paul.	I'm a little like Steven.	I'm a lot like Steven.	
22. Barry makes up his own games and plays them over and over.	_____	_____	_____	_____	Will prefers to play games that most other children play.
	I'm a lot like Barry.	I'm a little like Barry.	I'm a little like Will.	I'm a lot like Will.	
23. When Wayne has a daydream, he knows the daydream is not true.	_____	_____	_____	_____	Jay gets so involved in his daydreams that he sometimes feels like they are really happening.
	I'm a lot like Wayne.	I'm a little like Wayne.	I'm a little like Jay.	I'm a lot like Jay.	
24. Sean feels dizzy a lot.	_____	_____	_____	_____	Mark doesn't feel dizzy very often.
	I'm a lot like Sean.	I'm a little like Sean.	I'm a little like Mark.	I'm a lot like Mark.	
25. Ken often feels like he is dreaming when he is not sleeping.	_____	_____	_____	_____	Jamal doesn't feel like he's dreaming when he is not sleeping.
	I'm a lot like Ken.	I'm a little like Ken.	I'm a little like Jamal.	I'm a lot like Jamal.	
26. Sam doesn't have very many scary dreams or nightmares.	_____	_____	_____	_____	Jeffrey had lots of scary dreams or nightmares.
	I'm a lot like Sam.	I'm a little like Sam.	I'm a little like Jeffrey.	I'm a lot like Jeffrey.	
27. George doesn't always feel like he is in his body: sometimes he feels like his spirit is floating away from it.	_____	_____	_____	_____	Ron usually feels like his spirit is in his body.
	I'm a lot like George.	I'm a little like George.	I'm a little like Ron.	I'm a lot like Ron.	
28. Sometimes David lies.	_____	_____	_____	_____	Sam never lies.
	I'm a lot like David.	I'm a little like David.	I'm a little like Sam.	I'm a lot like Sam.	
29. Eric has a lot of feelings (like happy, sad, angry, excited).	_____	_____	_____	_____	Bruce has no feelings (like happy, sad, angry, excited)
	I'm a lot like Eric.	I'm a little like Eric.	I'm a little like Bruce.	I'm a lot like Bruce.	
30. Doug can't sleep when he is tired because he is seeing or thinking things or thoughts keep popping into his head.	_____	_____	_____	_____	Karl has no trouble falling asleep when he is tired.
	I'm a lot like Doug.	I'm a little like Doug.	I'm a little like Karl.	I'm a lot like Karl.	

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| 31. Greg sometimes feels like his body is doing things he doesn't want it to do. | _____
I'm a lot like Greg. | _____
I'm a little like Greg. | _____
I'm a little like Patrick. | _____
I'm a lot like Patrick. | Patrick's body doesn't do things he doesn't want it to do. |
| 32. Max can concentrate on things when he wants to. | _____
I'm a lot like Max. | _____
I'm a little like Max. | _____
I'm a little like Charles. | _____
I'm a lot like Charles. | Charles can't concentrate on things even when he wants to. |
| 33. Ben can remember things easily. | _____
I'm a lot like Ben. | _____
I'm a little like Ben. | _____
I'm a little like Tyrone. | _____
I'm a lot like Tyrone. | Tyrone has a hard time remembering things. |
| 34. Brett has a hard time listening at school or at home even when he wants to. | _____
I'm a lot like Brett. | _____
I'm a little like Brett. | _____
I'm a little like Dennis. | _____
I'm a lot like Dennis. | Dennis has no trouble listening at school or at home when he wants to. |
| 35. Reggie never feels grumpy for no reason. | _____
I'm a lot like Reggie. | _____
I'm a little like Reggie. | _____
I'm a little like Matt. | _____
I'm a lot like Matt. | Matt often feels grumpy for no reason. |
| 36. Malcolm feels happy all the times. | _____
I'm a lot like Malcolm. | _____
I'm a little like Malcolm. | _____
I'm a little like Julius. | _____
I'm a lot like Julius. | Sometimes, Julius feels a little unhappy. |
| 37. Rick gets headaches a lot. | _____
I'm a lot like Rick. | _____
I'm a little like Rick. | _____
I'm a little like Jim. | _____
I'm a lot like Jim. | Jim doesn't get headaches a lot. |